1.1 Preparing Resistance Unit
Para preparar la unidad de resistencia
FRENCH

Dial Manual Resistance Knob (j) clockwise so the flat portion of the Semi-Circular Adjuster (h) is nearest the outer casing of the Resistance Unit.

Tighten and thread the Barrel Adjuster (a) into the closed position. Press the Shifting Lever (c) on the Remote Shifter completely to the DOWN position.

2.1 Bicycle Setup
Preparación de la bicicleta
FRENCH

Route the Remote Shifter Cable around the bike and up to the bike’s handle bar. NOTE: Do not allow Remote Shifter Cable to contact any moving parts of the bike!

1.2 Preparing Remote Shifter
Como preparar el cambiador remoto
FRENCH

Pull the Shift Cable End (e) out from the Shift Housing End Cap (f). Route the exposed cable clockwise around the Semi-Circular Adjuster (h). Firmly press the Shift Cable End (e) into the Shift Cable End Hole (i) on the Resistance Unit casing. Grasp the Shift Housing End Cap (f) and place the remaining exposed cable into the Shift Cable Slit (g). The Shift Housing End Cap (f) should be seated into hole on the side of the Resistance Unit.

FRENCH

Adjust the Nylon Strap (d) to fit snugly around the bike’s handle bar. Flip the Cam Lock (b) up and into the locked position. If the Cam Lock (b) does not secure the Remote Shifter, make further adjustments to the Nylon Strap (d) and re-engage the Cam Lock (b).

2.2 Installing Remote Shifter onto Handle Bar
Instalación del cambiador a las manillas
FRENCH

FRENCH

Ajusta la tensión del cable enrollándolo hacia adentro.

FRENCH Loosen or tighten the tension on the shifting cable by threading the Barrel Adjuster (a) in or out.

FRENCH

Loosen or tighten the tension on the shifting cable by threading the Barrel Adjuster (a) in or out.